PLEASE SHARE THIS WITH A FRIEND

FREE CONSULTATION, SAMPLE, & DELIVERY!

What happens when your body is not absorbing the nutrients from food? You start needing more food -your appetite increases as do your cravings -because your body needs more nutrients. You also start to crave for carbohydrates, fats and sweets because they are the easiest substance for your body to absorb. You become fatigued when your body is not nourished. When your villi are not healthy, your body thinks it's starving and it stores fat instead of burning it. You may be saving "Well I eat really healthy and eat low fat foods and I take vitamins." You may be working out in the gym. Even though you may be doing these things, you still experience the symptoms that

were described. The underlying

absorbing them.

problem is absorption. No matter how

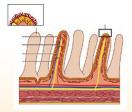
much good food and vitamins you

take it is wasted, if your body is not

### Why Is It So Hard To Lose Weight?

Have you ever wondered why the older you get the harder it is to maintain your weight, let alone lose it?

There are people that work out everyday for an hour a day and eat low fat foods and they still can't get those extra ten pounds off. As they get older, they notice their cravings for fats and sweets increase. They get sick. They feel tired all the time.



### Is there a solution?

1. Stress

Inside your small intestine, are finger-like protrusions called "villi". It is through these villi that absorption of nutrients from your food takes place. As you get older vour villi get damaged and break off.

# Things that damage your villi are:

6. Smoking 7. Animal Fat

2. Preservatives 3. Additives 4. Airborne toxins

8. Alcohol

9. Drugs

10. Salt

Medications Weight Control from the Inside Out

To get your weight off and keep it off, you need to feed your body at the cellular level. Your body can then repair and rebuild the villi to the healthy state it was when you were young.

## Think about this...

Cleanse the villi, absorb the nutrients, and regenerate healthier cells. Your body heals, you lose weight, look young, and feel great!

According to WHO Statistics: 70% of deaths are due to Cancer. Heart Disease, Stroke, & Diabetes. 50% of these deaths are Diet Related or due to Poor Nutrition.

70% of doctor's visits are Diet Related or due to Poor Nutrition.

**EFFECTIVE. NATURAL & SAFE WAY** TO LOSE, GAIN OR MAINTAIN WEIGHT, EAT THE FOODS YOU LOVE. BFAD REGISTERED. FORMULATED BY DOCTORS. MULTI-NATIONAL COMPANY WITH OVER 27 YEARS OF EXPERIENCE MILLIONS OF SATISFIED USERS IN **OVER 60 COUNTRIES.** 

# RECOMMENDED WEIGHT & HEIGHT CHART

		HEIGHT	WEIGHT	HEIGHT	WEIGHT	HEIGHT	WEIGHT
	2	(INCHES)	(POUNDS)	(INCHES)	(POUNDS)	(INCHES)	(POUNDS)
		5'2"	115-121	5'7"	140-161	6'0"	165-201
- 1	ш	5'3"	120-129	5'8"	145-169	6'1"	170-209
		5'4"	125-137	5'9"	150-177	6'2"	175-217
- 1	≥	5'5"	130-145	5'10"	155-185	6'3"	180-225
		5'6"	135-153	5'11"	160-193	6'4"	185-233
	_	4'11"	93-100	5'4"	112-124	5'9"	127-153
i i	2	5'0"	98-102	5'5"	115-130	5'10"	130-158
	≥	5'1"	103-106	5'6"	118-136	5'11"	133-163
		5'2"	106-112	5'7"	121-142	6'0"	136-168
	5	5'3"	109-118	5'8"	124-148	6'1"	139-173

